

**Janet Baldwin Anderson, Ph.D.**  
**Biography**  
**2011**



Janet is a certified coach specializing in lifelong learning and personal and professional development. She has extensive experience in leadership and management positions in the public and private sectors. As President of JBA Coaching Services, LLC ([www.jbacoaching.com](http://www.jbacoaching.com)), Janet coaches individuals and organizational leaders seeking greater satisfaction, increased self-mastery, and professional and personal effectiveness. Adjunct Faculty member for Fielding Graduate University, Janet teaches online graduate-level courses in Evidence-Based Coaching theories and in Neuroscience, Mindfulness, and Coaching. Recent activities include two book chapters, “Mindfulness” and “Use of Assessments in Coaching,” in the new *Handbook of Knowledge-Based Coaching: From Theory to Practice\** (Leni Wildflower and Diane Brennen, Eds., publication June 2011 by Wiley & Sons). Janet enjoys giving talks on leadership, coaching competencies, mindfulness, and the new brain science at local and national conferences and to interested groups.

Before coaching, Janet was Managing Analyst and Deputy Director at the American Institutes for Research in Washington, D.C., leading projects in support of large-scale assessments in K-12 education and in adult literacy. Before AIR, Janet directed research activities for the GED Testing Service and the Center for Adult Learning and Educational Credentials at the American Council on Education where she conducted national surveys of adult learners in the U.S. and in Canada who seek high school diplomas through the GED Tests.

Janet has authored or co-authored more than 30 published papers, book chapters, and reports; presented at more than 40 state, national, and international conferences; and conducted over 25 workshops, seminars, and classes. Recent topics include mindful presence, insights from neuroscience, becoming the CEO of your own life, coaching-related theory, coaching competencies, and adult learning. Professional interests include cultivation of personal mastery, somatic awareness, interpersonal neurobiology, adult and experiential learning, and adult and career transitions.

Janet is an ICF-certified leadership coach credentialed by Georgetown University’s Center for Professional Development. She has advanced training in Presence-Based Coaching. Her Ph.D. degree, in education research and evaluation methods, is from University of Maryland; her M.Ed. and B.A. degrees are from the University of Florida. Janet and her husband, Dick, divide their time between Takoma Park, Maryland, and the panhandle of West Virginia. Janet is a practicing artist, photographer, writer, a longtime practitioner of yoga and meditation, and a beginning practitioner of T’ai Chi.

\* For more information, go to: [http://www.amazon.com/Handbook-Knowledge-Based-Coaching-Theory-Practice/dp/0470624442/ref=sr\\_1\\_1?s=books&ie=UTF8&qid=1299173186&sr=1-1](http://www.amazon.com/Handbook-Knowledge-Based-Coaching-Theory-Practice/dp/0470624442/ref=sr_1_1?s=books&ie=UTF8&qid=1299173186&sr=1-1).

## Selected Publications and Papers

- Baldwin Anderson, J., Campone, F., and Sellers, J. (forthcoming, June 2011). Mindfulness. In *The Handbook of Knowledge-Based Coaching: From theory to practice* (Edited by Leni Wildflower and Diane Brennan), John Wiley & Sons, Inc.
- Nash, M.N., Christian, D., and Baldwin Anderson, J. (forthcoming, June 2011). Use of Assessments in Coaching. In *The Handbook of Knowledge-Based Coaching: From theory to practice* (Edited by Leni Wildflower and Diane Brennan), John Wiley & Sons, Inc.
- Vanneman, A., Hamilton, L., Baldwin Anderson, J., and Rahman, T. (2009). *Achievement Gaps: How Black and White Students in Public Schools Perform in Mathematics and Reading on the National Assessment of Educational Progress* (NCES 2009-455). National Center for Education Statistics, Institute of Education Sciences, U.S. Department of Education, Washington, D.C. Available at <http://nces.ed.gov/nationsreportcard/studies/gaps/>
- Baldwin Anderson, J. (May 2009). *Mindfulness in Coaching*. Occasional paper. Available at <http://www.jbacoaching.com/resources.html>
- Baldwin Anderson, J., Johnson, K., Reding, P. (2005). *Coaching Skills for Educational Leaders: Professional Development Experiences in One Public School District*. Proceedings of the 2005 International Coach Federation Research Symposium, San Jose, CA. Available at <http://www.jbacoaching.com/resources.html>
- Baldwin, J. (2000). Reaping the Harvest: Using Data from the National Adult Literacy Survey. In *Contemporary Psychology*, APA Review of Books, Vol. 45, No. 1.
- Baldwin, J., Kirsch, I., Rock, D., and Yamamoto, K. (1995). *The Literacy Proficiencies of GED Examinees: Results from the GED-NALS Comparison Study*. Washington, DC: American Council on Education.
- Baldwin, J. (1995). Literacy skills of adults and potential college students. *ACE Research Briefs*, Division of Policy Analysis and Research. Washington, DC: American Council on Education.
- Baldwin, J. and others (1990-1994). *GED Profiles: Adults in Transition*. Issues 1-7. Topics include schooling, study, and academic goals; reasons for leaving school; workforce and employment experiences; age differences; and gender gaps. Washington, DC: American Council on Education.